

South African journalists are hosting a vigil on the steps of St George's Cathedral, this evening at 18h00.

They seek to honour their colleagues who have been killed, injured, and imprisoned while covering the genocide in Palestine.

YEAR'S MIND

Monica Allen (29), Tom Bishop (31), Adelaide Tambo (31), Doreen Playne (31), Prudence De Jong (1), Joy Kirby (2), Iris Billington (2), Gerald van Wielie (3)

HEALING OF MEMORIES WORKSHOP FOR COMMUNITIES OF FAITH

Led by Canon Michael Lapsley SSM, 1-3 March 2024, Cape Town. Everyone has a story to tell, and every story needs to be heard, acknowledged, and respected. This is the first step to personal healing as well as healing of interpersonal relationships. By exploring and acknowledging the emotional wounds carried by nations, communities, and individuals. The process consists of creating a safe space for people to share their stories. Cultivating a collective journey where they, as participants, become healers for one another.*Cost: Two and a half day (R250 per person) workshop include accommodation (two nights), meals and workshop material.

APPEAL FOR APPRECIATION & SUPPORT

As we prepare to bid Dean Michael a fond farewell, the Cathedral Council and Wardens seek your support in giving the Dean an appropriate send-off and thank him for his service. We request appeal to the following:

- Financial contributions towards a gift for the Dean and Bonita.
- Assistance with the costs of a farewell celebration e.g. catering, tent hire etc, either financial or reduced/no cost services.
- People with skills, especially an events coordinator to assist with organising.

If you would like to help or make a contribution, please contact the Cathedral Office.

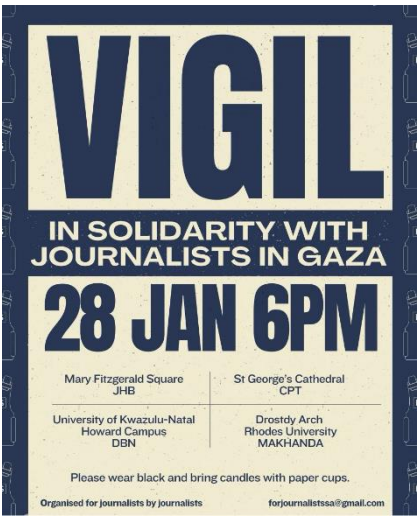
Financial contributions can be deposited into the St. Georges Cathedral account. Please reference 'Dean's gift' or 'Dean's farewell' to ensure we put your contribution in the right place.

Thanking you in anticipation.

Account Name: Cathedral Church of St George
Bank: Standard Bank
Account Number: 070038260
Branch Code: 020909

WEEKDAY EUCHARISTIC SERVICES

Wednesday 13h15, Friday 07h15 and Saturday 08h00



SERVICES IN THE COMING WEEK

Monday 29 January <i>Charles Frederick Mackenzie, Bishop in Central Africa 1862</i>	Angelus	12h00
Tuesday 30 January	Angelus	12h00
Wednesday 31 January	Angelus Mass	12h00 13h15
Thursday 1 February	Angelus	12h00
Friday 2 February <i>THE PRESENTATION OF OUR LORD IN THE TEMPLE</i>	Mass	07h15
Saturday 3 February <i>Anskar, Bishop and Missionary in Denmark and Sweden, 864</i>	Mass	08h00
Sunday 4 February FIFTH SUNDAY AFTER THE EPIPHANY Education Sunday	Mass Sung Mass Evensong	07h00 09h30 18h00



CATHEDRAL DIRECTORY

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WHEN YOU NEED PASTORAL CARE

Please contact the clergy via the Cathedral office, or, in case of an emergency, call **083 384 4854**

“Find the sweetness in your own heart, then you may find the sweetness in every heart”. - Rumi



Cathedral Church of St George
Cape Town and the *Church of the Good Shepherd*,
Robben Island Die Sint George Katedraal, Kaapstad
iCathedral kaGeorge Ongcwele, Yasekapa
A place of healing and hope

Sunday, 28 January 2024
Holocaust Memorial Day
Fourth Sunday after the Epiphany

SERVICES FOR THE DAY

MASS

07h00 Presider & Preacher: The Very Revd Michael Weeder
09h30 Presider: The Very Revd Michael Weeder
Preacher: Canon Neil-Allan Walshe

There is no Evensong today

INTROIT HYMN: All praise to you, O Lord, who by your mighty power

1 All praise to you, O Lord, who by your mighty power did manifest your glory forth in Cana's marriage hour.	4 And blest all they who know your unseen presence true, when in the kingdom of your grace you make all old things new.
2 You speak and it is done; obedient to your word, the water reddening into wine proclaims the present Lord.	5 For by your loving hand your people are still fed; you are the cup of blessing, Lord, and you the heavenly bread.
3 Blest were the eyes which saw the wondrous mystery true, the great beginning of your works, that kindled faith in you.	6 Oh, may this grace be ours, in you always to live and drink of those refreshing streams which you alone can give.
7 So, led from strength to strength, grant us, O Lord, to see the marriage supper of the Lamb, the great epiphany.	

COLLECT OF THE DAY

Merciful Lord, your word brings healing and life: cleanse us from our sins that we may serve you with a quiet mind; for you live and reign with the Father and the Holy Spirit, one God, in glory everlasting. Amen.

THE WORD OF GOD

(These reflections are sourced from of the Catholic Studies Centre at Saint Louis University, USA)

The First Reading: **Deuteronomy 18:15-20**
In the original intention of the Deuteronomic author, the “prophet” whose coming Moses predicts stood for the prophetic office as such, exercised by a whole series of prophets in Israel. They were understood by the Deuteronomist as standing in a charismatic succession from Moses.

The Second Reading: **1 Corinthians 8:1-13**
Paul has a distinct preference for celibacy, believing that the celibate, whether man or woman, is less likely to be distracted from the service of the Lord. At the same time, certain points of difference have to be noted about Paul's teaching on celibacy compared with that of later times. Paul refuses to lay down a hard and fast rule (1 Cor 7:35: "not to lay any restraint upon you"). The celibate life requires a charism that not every Christian has (see 1 Cor 7:7).

Proclamation of the Gospel: Mark 1:21-28

The Marcan tradition saw the miracles as displays of Jesus' authority. The Greek word for "authority" is *exousia*. This word also has the connotation of power, particularly in this context of miracle. Mark does not deny that Jesus displayed both authority and power in his miracles, but for him the miracles were only one aspect of Jesus' authority. The primary emphasis rests upon his teaching: "he taught as one who had authority and not as the scribes." The exorcism follows merely as an illustration of the power of Jesus' teaching with authority. "*In Jesus' word heaven breaks in and hell is destroyed. His word is deed*" (Eduard Schweizer).

PSALM 111

1. O praise the Lord. I will praise the Lord with my whole heart:
in the company of the upright and among the congregation.
2. **The works of the Lord are great:
and studied by all who take delight in them.**
3. His deeds are majestic and glorious:
and his righteousness stands for ever.
4. **His marvellous acts have won him a name
to be remembered:
the Lord is gracious and merciful.**
5. He gives food to those that fear him:
he remembers his covenant for ever.
6. **He showed his people the power of his acts:
in giving them the heritage of the heathen.**
7. The works of his hands are faithful and just:
and all his commandments are sure;
8. **They stand firm for ever and ever:
they are done in faithfulness and in truth.**
9. He sent redemption to his people, he ordained his covenant for ever:
holy is his name and worthy to be feared.
10. **The fear of the Lord is the beginning of wisdom,
and of good understanding are those
that keep his commandments: his praise shall endure for ever.
Glory to the Father and to the Son and to the Holy Spirit:
as it was in the beginning is now and will be for ever. Amen.**

GRADUAL HYMN: <i>238 Blest are the pure in heart</i>	
1 Blest are the pure in heart, for they shall see our God; the secret of the Lord is theirs, their soul is Christ's abode.	3 still to the lowly soul he doth himself impart, and for his dwelling and his throne chooseth the pure in heart.
2 The Lord, who left the heavens our life and peace to bring, to dwell in lowliness on earth, our pattern and our King;	4 Lord, we thy presence seek; may ours this blessing be; give us a pure and lowly heart, a temple meet for thee.

INTERCESSIONS **Holocaust Memorial Day**
*Jesus Christ brings light and life into the world. We bring before God
those things which result in the destruction of life:*

Help us not to forget, and pour your light into us for we ourselves can be part of their darkness.
Lord, have mercy upon us,
Christ, have mercy upon us,
Lord, have mercy upon us.
We pray for those who work to overcome injustice and oppression.
Pour your love into the hearts of those who feel abandoned and devalued.

Lord, have mercy upon us,
Christ, have mercy upon us,
 Lord, have mercy upon us.

We bring before God those we know who are finding life a struggle:
The ill at home or in hospital. The sad and sorrowful after bereavement.
The anxious and worried. The lonely and depressed. Those known to us
 Pour your comfort, courage and peace into those who suffer in mind,
 body and spirit.

You turn our darkness into light, in your light shall we see light.
Lord, have mercy upon us,
Christ, have mercy upon us,
Lord, have mercy upon us.
Lord, give to us and your whole church the spirit of wisdom that we may discern the times in which we live, that we may appropriately fulfil your will and offer wholeness and restoration in your Name.

OFFERTORY HYMN: <i>130 Where high the heavenly temple stands</i>	
1	2
Where high the heavenly temple stands, the house of God not made with hands, a great High Priest our nature wears, the guardian of our race appears.	He who for us as surety stood and poured on earth his precious blood, pursues in heaven his mighty will, our Saviour and

3	4
Though now ascended up on high, he bends on earth a brother's eye; partaker of the human name, he knows the frailty of our frame	In every pang that rends the heart the Man of Sorrows had a part; he sympathizes with our grief,

COMMUNION HYMN: 358 <i>Father, who in Jesus found us</i>	
1	3
Father, who in Jesus found us, God, whose love is all around us, who to freedom new unbound us, keep our hearts with joy aflame.	From the service of this table lead us to a life more stable; for our witness make us able; blessing on our work we claim.
2	4
For the sacramental breaking, for the honour of partaking, for your life our lives remaking, young and old, we praise your name.	Through our calling closely knitted, daily to your praise committed, for a life of service fitted, let us now your love proclaim.

1	Father, Lord of all Creation, Ground of Being, Life and Love; height and depth beyond description only life in you can prove: you are mortal life's dependence: thought, speech, sight are ours by grace; yours is every hour's existence, sovereign Lord of time and space.
2	Jesus Christ, the One for Others, we, your people, make our prayer: help us love as sisters and brothers all whose burdens we can share. Where your name binds us together you, Lord Christ, will surely be; where no selfishness can sever there your love the world may see

Pilgrims of St Margaret, Leytonstone, UK
Faye Antoine, Gloria Williams, Eleanor Ryan, Christine Brooksbank,
Paul and Sheila LeForte, Sandra Ward and Fr Neil-Allan

