

## EVENSONG AT 18H00

Officiant: The Very Reverend Terry Lester

**Introit:** Lord, for Thy tender mercies' sake – Richard Farrant  
**Responses:** Richard Ayleward  
**Psalm:** 107:31-43 (Book of Common Prayer page 630)  
**1st Lesson:** Genesis 24:10-21 Clare Ballard  
**2nd Lesson:** John 7:37-44 Diana Kraak  
**Canticles:** Short Service – Orlando Gibbons  
**Anthem:** My spirit longs for thee – Barry Smith  
**Hymns:** 18, 231

**PRAYER REQUEST:** Justin Cox, Catherine Langenhoven, Connie Sylvester, Irene Forbes, Sybil Arendse, Mandy Steyn, Samantha Albrecht, Alwyn Noëth, Eric Lucas, Carly Herbst, Mary Frost  
*(Names are kept on the prayer list for four weeks)*

**YEAR'S MIND:** Patricia Brian (10), Yvonne Wilson (10), Dorothy Smith (11), Yvonne van Schalkwyk (12), Iris Forgas (12)

**REPOSE OF SOUL:** Mosiuoa Lekota & Soli Philander

**CONFIRMATION CLASSES:** Contact the office for application forms. Classes will commence the week following Easter.

**DIGITAL TOUR:** Scan the barcode below for a digital tour of the Cathedral.

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## SERVICES IN THE COMING WEEK

Monday 9 March <i>Maqhamusela Khanyile of Zululand, Martyr, 1877</i>		
Tuesday 10 March		
Wednesday 11 March	<b>Mass</b> <b>Stories in the Wilderness</b>	<b>13h15</b> <b>18h00</b>
Thursday 12 March <i>Gregory the Great, Bishop of Rome and Teacher of the Faith, 604</i>		
Friday 13 March	<b>Mass</b>	<b>07h15</b>
Saturday 14 March	<b>Mass</b>	<b>08h00</b>
Sunday 15 March FOURTH SUNDAY IN LENT	<b>Mass</b> <b>Sung Mass</b> <b>Evensong</b>	<b>07h00</b> <b>09h30</b> <b>18h00</b>

### DIRECTORY

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YouTube: <https://www.youtube.com/@cathedralchurchofstgeorge>

Website: <http://www.sgcathedral.co.za>

Facebook: [@stgeorgescathedralcapetown](https://www.facebook.com/stgeorgescathedralcapetown)

### IN CASE OF EMERGENCIES

contact the Cathedral office on 021 424 7360

### BANKING DETAILS

Cathedral Church of St George The Martyr

Standard Bank

Bank Code: 020909

Account number: 070038260



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## Cathedral Church of St George

Cape Town and the *Church of the Good Shepherd, Robben Island*; Die Sint George Katedraal, Kaapstad  
 iCathedral kaGeorge Ongcwele, Yasekapa  
*A place of healing and hope*

**Sunday, 8 March 2026**  
**THIRD SUNDAY IN LENT**

### SERVICES FOR THE DAY

07h00 Presider & Preacher: The Very Reverend Terry Lester

09h30 Presider & Preacher: The Very Reverend Terry Lester

18h00 Officiant: The Very Reverend Terry Lester

**MASS SETTING:** Christ Church Mass - Colin Howard

**The Lenten Litany begins in the Worship Booklet**

### COLLECT OF THE DAY

**Gracious Father,**  
**your Son is the source of living water:**  
**grant that the gift of his Spirit**  
**may be to us a spring of water welling up to eternal life;**  
**through the same Jesus Christ our Lord,**  
**who lives and reigns with you and the Holy Spirit,**  
**one God, now and for ever. Amen.**

**FIRST READING:** Exodus 17:1-7

07h00 Reader: Simphiwe Pato

09h30 Reader: Nikki Lomba

### Psalm 95

1 O come let us | sing unto the | Lord :  
 let us heartily rejoice in the | strength of | our sal|vation.

2 Let us come before his | presence with | thanksgiving :  
 and shew ourselves | glad in | him with | psalms.

3 For the Lord is a | great | God :  
 and a great | King above | all | gods.

4 In his hand are all the | corners • of the | earth :  
 and the strength of the | hills is | his | also.

5 The sea is his and | he | made it :  
 and his hands prepared the | dry | land.

6 O come let us worship and | fall | down :  
 and kneel before the | Lord our | Maker.

7 For he is the | Lord our | God :  
 and we are the people of his pasture, and the | sheep of | his | hand.

8 To~day if ye will hear his voice, harden | not your | hearts :  
 as in the provocation, and as in the day of tempt|ation | in the | wilderness;

9 When your | fathers | tempted | me :  
 | proved me and | saw my | works.

10 Forty years long was I grieved with this generation and I said :  
It is a people that do err in their hearts,  
for they have not known my ways;

11 Unto whom I swear in my wrath :  
that they should not enter into my rest.

**SECOND READING:** Romans 5:1-11  
07h00 Reader: Vania Martin  
09h30 Reader: Ronwyn Louw

**GRADUAL HYMN:** *As Jesus journeyed with his friends*

1

As Jesus journeyed with his friends,  
He broke great walls and barriers down.  
He showed how far God's love extends  
At Jacob's Well, outside of town.

2

A woman drew some water there,  
And Jesus asked her for a drink.  
They talked of life and truth and prayer —  
His kind, warm welcome made her think.

3

Though culture pushed them far apart,  
He looked past things that others saw.  
He saw the searching in her heart;  
His love shined greater than the law.

4

O God, when some are cast aside —  
When people here are scorned, oppressed,  
We see Christ reaching, arms stretched wide,  
To welcome, treasure, heal and bless.

**THE GOSPEL:** John 4:5-42

**OFFERTORY HYMN:** *There's a wideness in God's mercy*

1

There's a wideness in God's mercy  
like the wideness of the sea;  
there's a kindness in his justice,  
which is more than liberty.  
There is no place where earth's sorrows  
are more felt than up in heaven;  
there is no place where earth's failings  
have such kindly judgment given.

2

For the love of God is broader  
than the measure of our mind;  
and the heart of the Eternal  
is most wonderfully kind.

But we make his love too narrow  
by false limits of our own;  
and we magnify his strictness  
with a zeal he will not own.

3

There is plentiful redemption  
in the blood that has been shed;  
there is joy for all the members  
in the sorrows of the head.  
There is grace enough for thousands  
of new worlds as great as this;  
there is room for fresh creations  
in that upper home of bliss.

4

If our love were but more simple,  
we should take him at his word;  
and our lives would be all gladness  
in the joy of Christ our Lord.

**COMMUNION HYMN:** *Sweet Sacrament divine*

1

Sweet Sacrament divine,  
hid in thine earthly home,  
lo, round thy lowly shrine,  
with suppliant hearts we come;  
Jesus, to thee our voice we raise  
in songs of love  
and heartfelt praise:  
sweet Sacrament divine.

2

Sweet Sacrament of peace,  
dear home for every heart,  
where restless yearnings cease  
and sorrows all depart;  
there in thine ear all trustfully  
we tell our tale of misery:  
sweet Sacrament of peace.

3

Sweet Sacrament of rest,  
ark from the ocean's roar,  
within thy shelter blest  
soon may we reach the shore;  
save us, for still the tempest raves,  
save, lest we sink  
beneath the waves:  
sweet Sacrament of rest.

4

Sweet Sacrament divine,  
earth's light and jubilee,  
in thy far depths doth shine  
thy Godhead's majesty;  
sweet light, so shine on us, we pray,  
that earthly joys may fade away:  
sweet Sacrament divine.

**COMMUNION MOTET:** Wash me thoroughly - S.S.Wesley

**RECESSIONAL HYMN:** *Lord, who throughout these forty days*

1

Lord, who throughout  
these forty days  
For us didst fast and pray,  
Teach us with Thee to  
mourn our sins  
And close by Thee to stay.

2

As Thou with Satan didst contend,  
And didst the victory win,  
O give us strength in Thee to fight,  
In Thee to conquer sin.

5

Abide with us, that so, this life  
Of suffering over past,  
An Easter of unending joy  
We may attain at last.

## STORIES IN THE WILDERNESS

### Week 3

#### TITLE / THEME

The Wilderness of Lament

#### FOCUS

Expressing grief, doubt,  
and social dislocation

#### ANCOR SCRIPTURE/MOTIF

Israel's desert experience  
- Exodus 16:1-18 / Psalm 137

#### PRACTICE FOR THE WEEK

Lament - name one grief  
or injustice in prayer each  
week

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ST. GEORGE'S CATHEDRAL  
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## MUSIC IN THE CATHEDRAL



Organ concert  
Saturday, 21 March 2026 at 11h00  
Grant Bräsler  
Works by Johann Sebastian Bach