

## EVENSONG AT 18H00

Officiant: The Reverend Annie Kirke

**Introit:** Let us with a gladsome mind – Alan Ridout  
**Responses:** Philip Radcliffe  
**Psalm:** 38 (Book of Common Prayer page 539)  
**1st Lesson:** 1 Samuel 10:1-16 David Culpin  
**2nd Lesson:** Luke 13:10-17 Riley Dammert  
**Canticles:** Howells Collegium Regale  
**Anthem:** I saw the Lord – John Stainer  
**Hymns:** 11, 336

### The Last Word

In India, Ram Dass writes, "When people meet and part they often say, 'Namaste,' which means: I honor the place in you where the entire universe resides; I honor the place in you of love, of light, of truth, of peace. I honor the place within you where if you are in that place in you and I am in that place in me, there is only one of us....'Namaste.'"

-Joan Chittister OSB quoting Ram Dass

The Rule of Benedict: Insight for the Ages  
 (From the Edge of Enclosure)

**PRAYER REQUEST:** Samantha Albrecht, Alwyn Noëth, Rev Samuel Isaacs, Shaun Naistry, Frank Molteno, Isabel Hancock, Catherine de Jong  
*Long term - Catherine Langenhoven, Connie Sylvester, Irene Forbes, Sybil Arendse (Names are kept on the prayer list for four weeks)*

**YEAR'S MIND:** Mary Reich (28), Sarah Forcus (29), Avis Lindsay (30), Sylvia Eleanor (30), Maurice Maggot (1), Kay Hudson (1), Gladys van Niekerk (3), Dennis Tatham (3)

**Explore topics including:**

- Thursday, 2 July 2026  
Development of Western Christianity from 1054 to 2006
- Monday, 6 July 2026  
The Life of Christ and His Mother, Mary
- Thursday, 9 July 2026  
Saints in Stained Glass
- Monday, 13 July 2026  
Commemoration of People from 1633 (Laud) to 2021 (Tutu)
- Thursday, 16 July 2026  
Loire Windows
- Monday, 20 July 2026  
Treasures of the Cathedral

**SERIES OF TALKS & TOURS**  
 Discover the stories, symbols and Sacred Heritage

2-20 July 2026  
Monday & Thursdays 10:00 AM

St. George's Cathedral  
Wale Street, Cape Town

**ALL WELCOME**  
 Everyone is invited to learn, explore and be inspired.

## SERVICES IN THE COMING WEEK

Monday 29 June ST PETER AND ST PAUL, APOSTLES		
Tuesday 30 June		
Wednesday 1 July	Mass	13h15
Thursday 2 July		
Friday 3 July ST THOMAS, APOSTLE	Mass	07h15
Saturday 4 July	Mass	08h00
Sunday 5 July SIXTH SUNDAY AFTER PENTECOST	Mass Sung Mass Evensong	07h00 09h30 18h00

### DIRECTORY

Tel: 021 424 7360

Staff email: [reception@sgcathedral.co.za](mailto:reception@sgcathedral.co.za)

YouTube: <https://www.youtube.com/@cathedralchurchofstgeorge>

Website: <http://www.sgcathedral.co.za>

Facebook: [@stgeorgescathedralcapetown](https://www.facebook.com/stgeorgescathedralcapetown)

### IN CASE OF EMERGENCIES

Contact the Cathedral office on 021 424 7360

### BANKING DETAILS

Cathedral Church of St George The Martyr

Standard Bank

Bank Code: 020909

Account number: 070038260



Snap here to pay



## Cathedral Church of St George

Cape Town and the Church of the Good Shepherd,  
 Robben Island; Die Sint George Katedraal, Kaapstad  
 iCathedral kaGeorge Ongcwele, Yasekapa  
*A place of healing and hope*

Sunday, 28 June 2026

FIFTH SUNDAY AFTER PENTECOST

### SERVICES FOR THE DAY

07h00 Presider & Preacher: The Reverend Jaques Pretorius  
 09h30 Presider: The Very Reverend Terry Lester  
 09h30 Preacher: The Reverend Jaques Pretorius  
 18h00 Officiant: The Reverend Annie Kirke

MASS SETTING: St George's Mass – Barry Smith

INTROIT HYMN: 2 New every morning is the love

1

New every morning is the love  
 our waking and uprising prove;  
 through sleep and  
 darkness safely brought,  
 restored to life and power and thought.

2

New mercies, each returning day,  
 hover around us while we pray;  
 new perils past, new sins forgiven,  
 new thoughts of God,  
 new hopes of heaven.

3

If on our daily course our mind,  
 be set to hallow all we find,  
 new treasures still,  
 of countless price,  
 God will provide for sacrifice.

4

The trivial round,  
 the common task,  
 will furnish all we need to ask,  
 room to deny ourselves, a road,  
 to bring us daily nearer God.

5

Only, O Lord, in thy dear love  
 fit us for perfect rest above;  
 and help us, this and every day,  
 to live more nearly as we pray.

### COLLECT OF THE DAY

Faithful God,  
 your love stands firm from generation to generation:  
 open our hearts to hear your word  
 that we may seek Christ's presence  
 in everyone we meet;  
 through the same Jesus Christ our Lord,  
 who lives and reigns with you and the Holy Spirit,  
 one God, now and for ever. Amen.

**FIRST READING:** Genesis 22:1-14  
07h00 Reader: Cindy Robertson  
09h30 Reader: Ashley Judd

**Psalm 13**

- 1 How long, O Lord, will you so utterly forget me:  
how long will you hide your face from me?
- 2 **How long must I suffer anguish in my soul,  
and be so grieved in my heart day and night:  
how long shall my enemy triumph over me?**
- 3 Look upon me, O Lord my God, and answer me:  
lighten my eyes, lest I sleep in death;
- 4 **Lest my enemy say ‘I have prevailed’:  
lest my foes exult at my overthrow.**
- 5 Yet I put my trust in your unfailing love:  
O let my heart rejoice in your salvation.
- 6 **And I will make my song to the Lord:  
because he deals so bountifully with me.**

**Glory to the Father and to the Son and to the Holy Spirit:  
as it was in the beginning is now and will be for ever. Amen.**

**SECOND READING:** Romans 6:12-23  
07h00 Reader: Simphiwe Pato  
09h30 Reader: Goitsione Mokou

**GRADUAL HYMN:** 129 *Lord Jesus, think on me*

- 1  
Lord Jesus, think on me,  
and purge away my sin;  
from earthborn passions  
set me free,  
and make me pure within.
- 2  
Lord Jesus, think on me  
with many a care opprest;  
let me thy loving servant be,  
and taste thy promised rest.
- 3  
Lord Jesus, think on me,  
nor let me go astray;  
through darkness and perplexity  
point thou the heavenly way.
- 4  
Lord Jesus, think on me,  
that, when the flood is past,  
I may the eternal brightness see,  
and share thy joy at last.

**THE GOSPEL:** *Matthew 10:40-42*

**OFFERTORY HYMN:** 148 *At the name of Jesus*

**At the name of Jesus  
every knee shall bow,  
every tongue confess him  
King of glory now:  
'tis the Father's pleasure  
we should call him Lord,  
who from the beginning  
was the mighty Word.**

Humbled for a season,  
to receive a name  
from the lips of sinners  
unto whom he came,  
faithfully he bore it  
spotless to the last,  
brought it back victorious,  
when from death he passed:

Bore it up triumphant  
with its human light,  
through all ranks of creatures,  
to the central height,  
to the throne of Godhead,  
to the Father's breast;  
filled it with the glory  
of that perfect rest.

Name him, Christians,  
name him,  
with love strong as death,  
but with awe and wonder  
and with bated breath:  
he is God the Saviour,  
he is Christ the Lord,  
ever to be worshipped,  
trusted, and adored.

**COMMUNION HYMN:** 260 *And now, O Father, mindful of the love*

1  
And now, O Father, mindful of the love  
that bought us, once for all, on Calvary's tree,  
and having with us him that pleads above,  
we here present, we here spread forth to thee  
that only offering perfect in thine eyes,  
the one true, pure, immortal sacrifice.

2  
Look, Father, look on his anointed face,  
and only look on us as found in him;  
look not on our misusings of thy grace,  
our prayer so languid, and our faith so dim:  
for lo, between our sins and their reward  
we set the Passion of thy Son our Lord.

Baqubuda bonke  
Kwelika-Yesu;  
Wonk' umlom' umvume—  
“A! Soluzuko”:  
Yintando ka-Yise  
Simbize njalo,  
Owayengu-Lizwi  
Ngonaphakade.

**Tydelik verneder  
om 'n naam te kry  
uit die mond van sondaars  
wat Hy kom bevry,  
dra Hy dit in reinheid,  
ag dit nou gering  
om dit triomfantlik  
deur die dood te bring:**

**Watotywa umzuzu.  
Wamkel' i-Gama,  
'Litywe ngaboni  
Azele bona:  
Walipata msulwa  
Lingenabala,  
Wagoduk' enalo,  
Evel' ekufeni.**

**Noem Hom, mensdom, noem Hom  
en met diep ontsag,  
noem sy naam met eerbied,  
liefderyk en sag.  
Dis God, ons Verlosser,  
Christus, ook ons Heer;  
buig nou in aanbidding  
voor die Heiland neer.**

3

And then for those, our dearest and our best,  
by this prevailing presence we appeal:  
O fold them closer to thy mercy's breast,  
O do thine utmost for their souls' true weal;  
from tainting mischief keep them white and clear,  
and crown thy gifts with strength to persevere.

4

And so we come: O draw us to thy feet,  
most patient Saviour, who canst love us still;  
and by this food, so awful and so sweet,  
deliver us from every touch of ill:  
in thine own service make us glad and free,  
and grant us never more to part with thee.

**RECESSIONAL HYMN:** 237 *Take up thy cross, the Saviour said*

**Take up thy cross, the Saviour said,  
if thou wouldst my disciple be;  
deny thyself, the world forsake,  
and humbly follow after me.**

Take up thy cross! let not its weight  
fill thy weak spirit with alarm:  
his strength shall bear thy spirit up,  
and brace thy heart,  
and nerve thine arm.

Take up thy cross,  
nor heed the shame,  
nor let thy foolish pride rebel:  
thy Lord for thee the Cross endured,  
to save thy soul from death and hell.

**Take up thy cross then in his strength,  
and calmly every danger brave;  
'twill guide thee to a better home,  
and lead to victory o'er the grave.**

Take up thy cross, and follow Christ,  
nor think till death to lay it down;  
for only they who bear the cross  
may hope to wear the glorious crown.

**To thee, great Lord, the One in Three,  
all praise for evermore ascend:  
O grant us in our home to see  
the heavenly life that knows no end.**

Die Heiland sê: Neem op jou kruis  
as jy my volgeling wil wees,  
verloën jouself en leer van My  
in diepe need'righeid van gees.

**Wees nie beangs, neem op jou kruis!  
Al is dit swaar, jy kan dit dra;  
sy krag versterk jou elke dag,  
genoeg vir jou is sy gena.**

**Deins nie terug, neem op jou kruis  
as dwase trots dit wil belet!  
Die skandhout het  
Gods Seun verduur  
om jou van die verderf te red.**

Neem in sy krag jou kruis dan op  
en volg die Christus van die Kruis!  
Hy gee oorwinning oor die dood  
en neem jou na die Vaderhuis.

**Volg Christus steeds,  
neem op jou kruis  
en lê dit voor die dood nie neer;  
slegs hulle wat die kruis hier dra,  
word eenmaal met 'n kroon vereer.**

Aan U, Drie-enig God kom toe  
die lof en eer en majesteit!  
Mag ons by U die lewe ken  
wat duur in alle ewigheid.